

Common Ground Wish List – last updated 12/1/06

- **indicates high priority**
- **Contact commonground@himss.org for more information.**

URGENT:

- Computers & laptops. Must be relatively new. Also: memory, removable storage, blank media, wireless cards, routers, laser printers, LCD monitors, external cd/dvd burner.
- Photocopier
- Uninterruptible power supply & surge protectors
- Copier paper, stationary supplies
- BD, Accencia and OneTouch glucometer test strips
- Pregnancy tests
- Urine Dip Sticks Analysis
- Sterile instruments for suturing and I&D procedures
- Sponsor for clinic faxline (current cost \$119/mo for fax, phone, and DSL)
- Pill bottles and lids (new only)

Clinic Diagnostic Materials

- Quick laboratory analyzers for chemistry, hematology, coags, etc..***
- BD, Accencia and OneTouch glucometer strips
- Lancets
- Otosopes
- Ear Specula Adult & Child size for Otosopes
- Ear cleaning equipment and curettes; ear wicks
- Ophthalmoscope***
- Slit lamp***
- Probe covers for thermometers
- Oral/rectal electronic thermometers with probe covers***
- Child, Regular, Large Adult, Ex-Large & Thigh BP cuffs***
- O2 Peak Flow Meters***
- Mouthpieces for O2 Peak Flow Meters***
- O2 Saturation monitors (portable)
- Nebulizers (small, we will give to patients)***
- Non-rebreather Face Masks
- Automatic BP & Vital Sign monitors
- Stethoscopes
- HemeOccult blood testers***
- 12 Lead EKG w printer & electrodes***
- 23g & 25g 1" needles
- 1 cc & 3 cc syringes w 23g or greater needles
- 2x2 non-sterile gauze pads
- 3x3 non-stick gauze pads

Clinical Diagnostic Materials continued

- 4x4 non-stick gauze pads
- assorted splints: finger, wrist
- CPR masks
- Waterless hand sanitizer
- Iodoform or wound packing
- Sterile dressing kits (sissors & clamps)
- Suture removal kits
- Kidney basins
- Chucks or blue pads
- Quick Strep Tests***
- MonoSpot tests
- Pregnancy tests
- GYN Speculum***
- Microscope
- Slides, slide covers, KOH, normal saline
- Urine Dip Sticks Analysis
- Urine Sample Bottles

Medications

<p><u>Hypertension</u> HCTZ 25 Atenolol 25/50/100 Metoprolol 25/50/100 Lisinopril 20/40 Enalapril 5/10/20 *Amlodipine 5/10 Clonidine 0.1/0.2/0.3</p> <p><u>Diabetes</u> Metformin 500/1000 Glyburide 5/10 Glipizide 5/10 *Actos 15/30 *Avandia 4/8 *Lantus Insulin *Humulin 70/30 *Humulin R</p> <p><u>Asthma</u> *Advair 100/50, 250/50, 500/50 *Flovent 44, 110, 220 Albuterol *Serevent</p> <p><u>Allergic Rhinitis</u> *any nasal steroid Loratidine 10, +syrup</p> <p><u>Dyspepsia</u> Ranitidine 150 Omeprazole 20 Dyslipidemia Simvastatin 20/40/80 *Lipitor 20/40/80</p>	<p><u>Antibiotics</u> Azithromycin 250 Amoxicillin 500, 250/5mL syrup Cephalexin 500 TMP/Sulfa DS *Levaquin 500/750 CHF Furosemide 5/10/20 KCl 10/20</p> <p><u>Steroids</u> Prednisone 5/10/20</p> <p><u>Derm</u> Triamcinolone Acetonide 0.1% oint 30-120 g Mupirocin 2% 15, 22, 30g *Lamisil *Lotrisone</p> <p><u>Antifungal</u> Fluconazole 100/150 Otic Cortisporin Otic Optic Gentamicin Cipro</p> <p><u>Psych</u> Paroxetine 10/20/40 Fluoxetine 20/40 Bupropion 150 Effexor XR 75/150</p> <p><u>OCPs</u> OrthoCyclen OrthoTriCyclen Ovcon 35 Plan B</p>
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Medications continued

<p><u>GU</u> Detrol LA 4</p> <p><u>Osteoporosis</u> *Fosamax 70 *Boniva 150</p> <p><u>Pain Management</u> *Ultram</p> <p><u>Shots</u> Ceftriaxone 250/1000 *SoluMedrol 125 *DepoMedrol 40/80</p> <p><u>OTCs</u> Multi-vitamin Vitamin C* Saline nasal spray (ocean spray) B-complex vitamins <u>Pre-natal vitamins*</u> Antacids Ibuprofen 200/500/800 Tylenol 500 Sudaphed Dextromethorphan Triple ABX Oint Benadryl Hydrocortisone Aspirin 81/325</p> <p><u>Thyroid</u> Levothyroxine 25/50/75/100 mcg</p>	<p><u>HRT</u> *Premarin *Prempro</p> <p><u>Gout</u> Glucosamine Allopurinol 100/300 Colchicine 0.6</p> <p><u>Antiemetics</u> Metocolpramide 5/10 Prochlorperazine 5/10/25 Promethazine 25/50</p> <p><u>Anti-Dysrhythmics</u> Amiodarone 200/300</p> <p><u>Anticoagulants</u> Warfarin</p> <p><u>Antiplatelet</u> *Plavix 75</p>
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Clinic Herbal Medicine Needs

Please put packing slip on or mark contents outside box.

***** any lung tonics, immune enhancing, &/or respiratory anti-infective herbs or blends**

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tincture bottles w/ droppers bottles (1 oz, 2 oz, 4 oz) glass or plastic
 (please be sure any bottles or jars are empty and clean)

plastic or glass half ounce or an ounce containers for salves*

Clinic Herbal Medicine Needs continued

<p>mason jars droppers french press graduated cylinder herb grinder (electric or mortar & pestle) homeopathic muslin bags labels packing tape tea strainers tincture press arnica oil garlic oil garlic/mullein ear oil menthol crystals* st. john's wort oil* SEEDS and perennial STARTS of medicinal plants for community garden turmeric capsules black walnut tincture boneset tincture california spikenard (aralia californica) tincture ginko biloba tincture grindelia tincture* hops tincture horehound tincture* hyssop tincture jamaican dogwood tincture kava kava tincture lomatium tincture oregon grape tincture* osha tincture* pleurisy root tincture* skullcap tincture usnea tincture vitex tincture* yerba santa tincture astragalus tincture & dry herb herb</p>	<p>avena (milky oats) tincture & dry herb* burdock tincture & dry herb cleavers tincture & dry herb crampbark tincture & dry herb dandelion tincture & dry herb echinacea tincture & dry herb garraya tincture & dry herb goldenseal tincture & dry herb lemon balm tincture & dry herb* licorice tincture & dry herb lobelia tincture & dry herb meadowsweet tincture & dry herb milk thistle tincture & dry herb monarda tincture & dry herb mullein tincture & dry herb passion flower tincture & dry herb* pedicularis tincture & dry herb rosemary tincture & dry herb sage tincture & dry herb sasparilla tincture & dry herb saw palmetto, tincture & dry herb usnea tincture & dry herb wild yam tincture & dry herb* yarrow tincture & dry herb* ambrosia (ragweed) dry herb bayberry dry herb cardamom dry herb chamomile dry herb* cinnamon dry herb dong quai dry herb thuja tincture & dry herb* ginger dry herb* marshmallow root dry herb* nettle leaf dry herb* ocotillo dry herb peppermint dry herb* white sage dry herb</p>
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Accupuncture Supplies

- Ear seed called : Vaccaria seed
- ear needles (code : DBC Pipe-5 Bulk Pkg - 0.20 x 30 mm)/from OMS 1 - 800-722-8775
- www.lhasaOMS.com
- Golden flower (1800-729-8509) also has good needles (code : VH-3807)
- www.gfcherbs.com
- Quang